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# Letters to the editor

# More on cannabis

This is in response to Ryan Smith's letter of June 11 in which he questions the legitimate purpose of growing marijuana and, by implication, your writing about it in your May 21 article "Nurturing Cannabis." Smith's letter is also misleading and incomplete in discussing the medical uses of cannabis. He does note that cannabidiol (CBD, (-)-trans-cannabidiol) has "medically useful properties" but ignores the fact that THC, (-)-trans- $\Delta^9$ -tetrahydrocannabinol, is sold under the trade names Marinol and Syndros (the generic name is dronabinol). It is FDA approved for the anorexia associated with weight loss in adult patients with AIDS, and the nausea and vomiting that is associated with cancer chemotherapy in adult patients who fail conventional antiemetics.

In April of 2018, an FDA advisory panel recommended approval of CBD for the treatment of two rare forms of epilepsy-Lennox-Gastaut syndrome and Dravet syndrome. There are currently only modestly effective drug treatments for these syndromes, and children with them usually have numerous seizures a day that can lead to intellectual disability and serious injury from falls. Final FDA approval for CBD was announced on June 25, 2018, and it will be sold under the brand name Epidiolex.

Sativex (nabiximols), an oromucosal spray containing both THC and CBD, is sold on prescription in Canada, the U.K., and some other European Union countries to alleviate neuropathic pain, spasticity,

# Correction

June 4, page 24: The feature story about companies seeking U.S. political backing for an international treaty on hydrofluorocarbons incorrectly stated the position of the business that produces the aerosol tire-inflating product Fix-a-Flat. Parent company Illinois Tool Works hasn't advocated either for or against U.S. support of the agreement.

overactive bladder, and some other symptoms of multiple sclerosis.

In Israel, the noted organic chemist known as "the (Grand) Father of Cannabis," Raphael Mechoulam, an emeritus professor at the Hebrew University of Jerusalem, has been instrumental in setting up a medical marijuana program to do research and/or to treat glaucoma, Crohn's disease, inflammatory bowel disease, pain from cancer and multiple sclerosis, pain in the elderly, appetite loss, autism spectrum disorder, Tourette's syndrome, asthma, Parkinson's disease, and since 2004, by the Israeli military to treat posttraumatic stress disorder.

Since the cannabis plant contains over 100 cannabinoids (and hundreds of other compounds), much research still needs to be done to elucidate the medical effects of at least the most common, and also the effects of combinations of them, called by Mechoulam "the entourage effect." One example is research by Therapix Biosciences using THC and palmitoylethanolamide to treat Tourette's syndrome.

Your most informative article, "Nurturing Cannabis," was more than justified. It was also timely and appropriate. Harvey F. Carroll

Lake Forest Park, Wash.

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